Heidi Peterson, ND 7005 NE Glisan St, Suite A Portland, OR 97213

Tel: 503-546-7663 ~ Fax: 503-505-7672 Website: doctorheidi.com

MEDICAL INTAKE FORM

Patient Name	Age	D.O.B
Parent Name - If minor		
What brings you into the office today?		
What Expectations do you have for this visit?		
What are your major health concerns in order of im	nportance?	
Date of last Physical Exam:	Date of last Dental E	ixam:
List any medications, over the counter drugs, vitam	ins, or other supplement	s you are taking. Feel free to
use an additional page		
List any allergies to drugs, foods or chemicals		
List any medical problems that you have had in th and why?		een hospitalized or had surgery?If so, when

Heidi Peterson, ND 7005 NE Glisan St, Suite A Portland, OR 97213

Tel: 503-546-7663 ~ Fax: 503-505-7672 Website: doctorheidi.com

FAMILY MEDICAL HISTORY:

Please note the diseases that each of the following members of your family has or had. If they are deceased, please note the age at which they died and the cause of their death:

Mother:
Father:
Grandmother Maternal:
Grandfather Maternal:
Grandmother Paternal:
Grandfather Paternal:
Siblings:
DIET:
Breakfast:
Lunch:
Dinner:
Snacks:
of alcoholic beverages consumed per week? Do you smoke or use illicit drugs? Y N
SLEEP: Hours of sleep per night? Do you wake rested? Y N
EXERCISE: Hours spent in physical activity per week? Type of exercise:
HOBBIES?
TOXICITY EXPOSURE: Number of crowns and fillings? How many mercury (silver)?
Have you ever lived near or worked in agriculture or major industry? Y N
Any known exposures?